

DEGREE: Bachelor of Science in Family and Consumer Science  
 MAJOR: Human Nutrition and Dietetic Science  
 OPTION: Nutrition Education

2024-2025 Catalog Year  
 Created Feb 2024

Name:  
 ID #:  
 Advisor/Date:

Course Subject and Title	Credit Hours	Minimum Grade	Completed	Additional Degree Requirement Notes
<b>Nutrition Education Option</b>				
<b>Freshman Fall Semester</b>	<b>14-15</b>			
ENGL 1110G Composition I OR 1110H Composition Honors OR 1110M Composition I Multilingual	4	C		<a href="#">Common Core Area I</a> - English Composition-Level 1
MATH 1220G College Algebra OR MATH 1430G Applications of Calculus OR MATH 1511G Calculus and Analytic Geometry OR MATH 2530 Calculus III	3	C		<a href="#">Common Core Area II</a> Prerequisite: Adequate scores on Math Placement Exam <b>or</b> combo of ACT/SAT and GPA, <b>or</b> C- or better in CCDM 113 N or CCDM 114 N
ACOM 1130G Effective Leadership Communication in Agriculture OR COMM 1115G Introduction to Communication, OR COMM 1130G Public Speaking, OR HNRS 2175G Introduction to Communication Honors	3	C		<a href="#">Common Core Area I</a>
CHEM 1215G General Chemistry I Lecture and Lab for STEM Majors ( <i>course substitute for CHEM111G/L General Chemistry</i> )	4	C		<a href="#">Common Core Area III</a> – Laboratory Sciences (1 of 2) Prerequisite: MATH 1215 or higher, or an equivalent score on the Mathematics Placement Exam
ACES 1120 Freshman Orientation ( <i>course substitute for ACES 111 Freshman Orientation</i> ) or ACES 1210 Financial Fitness for College Students ( <i>course substitute for ACES 121 Financial Fitness for College Students</i> )	1			Not required for the degree. Highly recommended if new to NMSU.
<b>Freshman Spring Semester</b>	<b>14</b>			
ENGL 2210G Professional & Technical Communication OR ENGL 2221G Writing in the Humanities & Social Sciences ENGL 2130G Advanced Composition OR ENGL 2215G Advanced Technical and Professional Communication	3	C		<a href="#">Common Core Area I</a> - English Composition-Level 2 Prerequisite: C- or better in ENGL 1110G or ENGL 1110H or ENGL 1110M
PHLS 1110G Personal Health and Wellness	3	-		<a href="#">Common Core Area IV</a> – Social/Behavioral Sciences
<b>NUTR 2120 Seminar 1 – Becoming a Nutrition Professional (Spring Only)</b>	1	C		Only available in the Spring.
BIOL 2110G/2110L Principles of Biology: Cellular & Molecular Biology and Lab or BIOL 2610G/2610L Principles of Biology: Biodiversity, Ecology, and Evolution and Lab	4	-		<a href="#">Common Core Area III</a> – Laboratory Sciences (2 of 2) Prerequisite: C- or better in MATH 1215 or higher; C- or higher in CHEM 1120G or CHEM 1215G or CHEM 1216
Creative and Fine Arts Core Course	3	-		<a href="#">Common Core Area VI</a>

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<b>Sophomore Fall Semester</b>	<b>15</b>			
<b>NUTR 2110 Human Nutrition</b>	3	C		
FCSC 2250 Overview of FCS Teaching <b>(Fall Only)</b>	3	C		Only available in the Fall.
BIOL 353/353L Pre-Professional Human Anatomy and lab (4 cr.) OR SPMD 2210/2210L Anatomy & Physiology I (4 cr.)	4	C		Prerequisite: BIOL 2110G and either CHEM 1120G, CHEM 1215G, or CHEM 1216
FSTE 2110G Food Science I	4	C		<a href="#">Common Core Area III</a> OR General Education Elective
HRTM 2110 Safety, Sanitation, and Health in the Hospitality Industry	1	-		May be waived if student holds current ServSafe Food Protection Manager Certificate.
<b>Sophomore Spring Semester</b>	<b>16</b>			
HRTM 2120 Food Production and Service Fundamentals	3	-		Prerequisite(s): HRTM 1130 or FSTE 2110G Pre/Corequisite: HRTM 2110 or valid ServSafe Food Protection Manager certificate
PHLS 2110 Foundations of Health Education or PHLS 375/3210 Foundations of Community Health Education	3	C		Prerequisite: PHLS 1110G Personal Health & Wellness
PHIL1145G Philosophy, Law, and Ethics or PHIL 2110G Introduction to Ethics	3	-		<a href="#">Common Core Area V</a> - Humanities Core Course
BIOL 354/354L Physiology of Humans and lab SPMD 3210/3210L Anatomy & Physiology II and Lab	4	C		Prerequisites: BIOL 2110G and MATH 1220G
MATH 1350G Introduction to Statistics or A ST 311 Statistical Applications	3	-		Prerequisite: Adequate score on Math Placement Exam or combo of ACT/SAT and GPA, or C- or better in MATH 1215 or higher

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<b>Junior Fall Semester</b>	<b>16-17</b>			
FSTE 320/4110 Food Microbiology (4) <b>(Fall only)</b> OR BIOL 311 and 311L General Microbiology with lab (5) OR BIOL 2320 Public Health Microbiology (3) and BIOL 311L (2)	4-5	C		Prerequisite for <u>FSTE 320</u> : BIOL 2110G/L or BIOL 2610G/L Prerequisites for <u>BIOL311/311L</u> : BIOL 2110G and MATH 1220G Prerequisites for <u>BIOL 2320</u> : BIOL 2110G/L
<b>NUTR 3110 Nutrition Throughout the Lifecycle</b> (Fall only)	3	C		Prerequisites: NUTR 2110
ELAD 350V/3110V Introduction to Educational Leadership in a Global Society	3	C		
Viewing a Wider World Course - PHLS 3120V Women's Health Issues	3			<a href="#">Viewing a Wider World</a> Recommend to take one VWW course from College of Health, Education, and Social Transformation
PHLS 395/3220 Foundations of Public Health	3	C		
<b>Junior Spring Semester</b>	<b>16</b>			
<b>NUTR 3710 Food Systems &amp; Policy in Dietetics</b> (Spring Only) (course substitute for FCST 2140 Adult Development and Aging)	3	C		Prerequisites: Junior standing, NUTR 3110, HRTM 363
<b>NUTR 3750 Applied Nutrition Research</b> (course substitute for FCSC 400 Research Methods or AXED 456 or PHLS 4310 or PSYC 310 or SOCI 352)	3	-		Prerequisites: Junior standing, MATH 1350G (OR A ST 311); NUTR 3110
FCSE 345/3110 Management Concepts in FCS Teaching (Spring Only)	3	C		
PHLS 4620V Cross-Cultural Aspects of Health or PHLS 464V Cross-Cultural Aspects of Health (Spring Only)	3	C		(any upper-division PHLS course may be used as a substitute)
HRTM 363/3310 Quantity Food Production and Service	4	-		Prerequisite: HRTM 2120

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<b>Senior Fall Semester</b>	<b>15</b>			
<b>NUTR 4210 Community Nutrition</b> (Fall Only)	3	C		Prerequisite: NUTR 3110, NUTR 3710
PHLS 4610 Health Disparities: Determinants and Interventions (Fall Only) or PHLS 4320 Epidemiology	3	C		
FCSC 445/4120 Career and Technical Education Programs (Fall Only)	3			
FCSC 446/4510 Teaching Methods I for FCS (Fall Only)	3	C		Prerequisites: FCSE 2250 and FCSE 345 and an overall GPA of at least 2.75, admitted to FCSE program, completion of NES Essential Basic Skills Tests I, II, & III.
<b>NUTR 4220 Food Service Organization and Management</b> (Fall Only)	3	C		Prerequisite: HRTM 2120
<b>Senior Spring Semester</b>	<b>14</b>			
PHLS 459/4810 Infectious and Noninfectious Disease Prevention (Spring Only) or PHLS 467/4640 Rural Health Issues	3	C		Prerequisite: PHLS 395/3220
Viewing a Wider World Course	3			Viewing a Wider World <i>Cannot be within ACES or within same college that your Junior Fall VWW course is housed.</i>
<b>NUTR 4565 Community Field Experience</b> (Spring only)	2	C		Prerequisite: Final spring semester; NUTR 4210
FCSE 447/4520 Teaching Methods II for FCS	3	C		Prerequisites: FCSC 446, and an overall GPA of at least 2.75, admitted to program.
<b>NUTR 4205 Nutrition Communication &amp; Education</b> (Spring Only)	3	C		Prerequisites: NUTR 4110
<b>Total</b>	<b>120 - 122</b>			